



Emmett Technique Practitioner Training

Thurlaston Village Hall, nr. Rugby Warwickshire

More info: Penny Gibbings Tel: 024 7654 2837 / 07957 324360
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www.emmett-uk.com

Thurlaston is a lovely quiet village just off the M45. It is near Dunchurch & Rugby.

Times: 9.15 am for prompt start at 9.30 – 5.30pm

Venue: Thurlaston Village Hall,
Church Lane,
Thurlaston,
Nr. Rugby
CV23 9JY

Map: <https://goo.gl/maps/li7T7>

Provided: A variety of teas, biscuits and instant coffee

Wear: Wear comfortable loose clothing and have short nails! If at all possible you will be required to remove some clothing to aid the learning so please wear appropriate vest, underwear etc.. Slippers / thick socks helpful if you get cold feet easily! Something to tie long hair back/up is helpful.

Bring: 2 large towels/ fleeces/ sarongs for draping and bolsters (if you have any).

Your lunch. There is a microwave in the village hall kitchen. Nearest shop is in Dunchurch 2 miles away.

Massage table if you have said you'd bring one.

Parking: There is NO parking at the village Hall. You can stop briefly outside to offload a couch etc..

**Drive over the bridge straight into Thurlaston.
Park on the left opposite the Warwickshire Nursing Home
(which is behind a long brick wall on your right).**
Walking from your car further into the village, turn left down Church Lane. The village hall is about 50m on the right.

And just in case!

Penny's mobile:

07957 324360