



Emmett Technique Practitioner Training

NHS Harrogate & District Foundation Trust approved course

NHS Natural Health School

The Sir Robert Ogden Macmillan Centre
1 Willaston Crescent, Harrogate, HG2 7SX

More info: Sue Gassick

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www.emmett-uk.com

Times: 9.00am to 5.00pm each day

Venue: **The Sir Robert Ogden Macmillan Centre**
(located within the Harrogate District Hospital)
Harrogate and District NHS Foundation Trust
1 Willaston Crescent, Harrogate, HG2 7SX



Click [here](#) for directions

Parking:

Harrogate District Hospital has several different car parks, with the main car park located right outside the main entrance. They operate a pay-on-foot parking scheme. As you enter the car park, take a ticket from the machine at the entrance barrier. Please keep this ticket on you and pay at the pay stations in the Hospital entrance lobby on your way back to your car. This will validate the ticket and open the exit barrier. At peak times we have car park attendants on duty to assist with any queries or difficulties. All day (+6 1/2 hours) cost is £9.10. Use **HG2 7SK** when using SatNav.

Bus & Train:

Click [here](#) for detailed bus and train info – and please note the reduced Sunday bus times.

Provided: Morning and afternoon tea
Instructions training guide

Wear: Wear comfortable loose clothing. Releases are demonstrated on skin, so you may wish to wear shorts and strappy top if you'd rather not be just in underwear. You will be draped with towels.

Lunch: It's always easiest if you bring your own.

Bring: Towels for draping, and a bolster for knee and ankle support.
A pen or pencil to take your own notes.

And just in case!

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