



## Emmett Technique Practitioner Course

Module 4 with Sue Gassick

28 & 29 November 2018

9.30am – 5.30pm

Douai Abbey, Upper Woolhamptom, Reading, RG7 5TQ

Accomm Contact Fr Finbar [guestmaster@douaiabbey.org.uk](mailto:guestmaster@douaiabbey.org.uk), tel: +44(0)118 971 5399

More info: Sue Gassick

Tel: +44 (0) 7834 979 544 E-mail: [suegassick@googlemail.com](mailto:suegassick@googlemail.com)

[www.emmett-uk.com](http://www.emmett-uk.com) for more information about the Emmett Technique

### Warning!

**The Emmett Technique may dramatically transform:**

**your business  
your confidence  
your successes!**

**PLACES ARE LIMITED**

### About the Emmett Technique

The **Emmett Technique** uses a combination of direct pressure and gentle switches to release specific muscle groups and allow the client's body to return to a state of balance. The results are often dramatic, and can be instantaneous, with most clients recognising the improvements in pain levels and range of movement before leaving the clinic. Practitioners are trained in assessment skills and how to use the best combination of moves in their knowledge base to effect change. Additionally, practitioners are taught special language skills in order to assist the client to recognise and enhance the changes so achieved and this adds to the successful outcome of the work. The Emmett Technique works well alongside any bodywork therapy and greatly enhances the practice of any therapist.

There are 6 modules, taught over 5 two-day workshops, plus a one-day review of Mod 6. Modules 1 & 2 are one day each and taught as a 2 day workshop. Subsequent modules are two days each and include a review of the work from previous modules.

For other dates around the UK, visit the website: [www.emmett-uk.com](http://www.emmett-uk.com)

**Mod 4 Investment: £260.00 Full Payment by: 2<sup>nd</sup> November 2018**

**NB: Places are allocated on a first come first serve basis.**

(Cancellation will be calculated at 50% of workshop fee)

**Sue Gassick**, BSc, Dip HSK, MBA, Cert Massage, MBTPA, BTAV

Sue Gassick is an international instructor and health professional, born in Melbourne, Australia. Invited to join the Emmett team in 2009, she combines clarity, warmth and supportive encouragement into her teaching style.

**Please enclose a cheque made payable to Sue Gassick, and mail to 19 Hazel Rd, Purley on Thames, Reading, Berks, UK, RG8 8HR BASC details: Act name SN Gassick, Sort Code 404783 A/N 24274547 Or to pay via PayPal, request an invoice via [suegassick@emmett-uk.com](mailto:suegassick@emmett-uk.com) (£10 admin fee applies for PayPal)**

Upon receiving your payment, a letter/email of confirmation will be sent to you with all relevant details.

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- Please register me for the Emmett Technique Mod 4 on 28 & 29 Nov 2018 at Douai Abbey
- I enclose a cheque for £ \_\_\_\_\_ Date of Review if Repeating: \_\_\_\_\_
- I have made a BASC transfer \_\_\_\_\_ (date)
- I have requested a PayPal Invoice
- I can bring a massage table       I wish to have the 2 course lunch for £11 each day

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

Email: \_\_\_\_\_



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### Things to know...

**Breakfast** is continental

**Lunch** is the largest meal of the day, comprising of 2 courses – main and pudding

**Dinner** is a light affair

Those not staying at the Abbey can join in the **2 course lunch for £11** per day, but you are welcome to **BYO lunch** too!

There is a regular service to Midgham from Paddington and Reading. Pre-book taxi for Midgham pick up advised as no taxis wait at Midgham.

Plenty of **car parking** is available.

Emmett Therapies and Douai Abbey have no association.

### Venue Details - Douai Abbey, Upper Woolhampton, Reading

Douai Abbey is a Benedictine monastery, and has been welcoming guests as a long tradition. The buildings are an eclectic mix of old and new, and are situated amongst lovely peaceful grounds.

The accommodation is **simple, clean, comfortable** and **quiet** – perfect to ensure a good night's sleep after a full day of Emmett training. Each room has a hand basin and shower or bath with shared toilet facilities very close by, while some have full en-suite facilities. Guests have access to a common room and library and are welcome to bring their own wine etc into the establishment (as the Abbey doesn't have a liquor licence). This is a place of peace, and as such there are no televisions or phones in the rooms – which can often be welcomed as a nice change for a few days. A guest computer is available to access emails.

Those of us staying for lunch will dine together in the guest refectory, and **special dietary** requirements can be accommodated – give this information to Christopher when booking your accommodation.

Guests can come and go from the Abbey as they please, so you are welcome to go out for dinner at local restaurants and pubs for a change of scenery (just simply let Br Christopher know in advance so food isn't wasted). The driveway gates are closed at 8pm.

Douai Abbey is **easy to find**, signposted off the A4, in between Newbury and Reading. Visit [www.douaiabbey.org.uk](http://www.douaiabbey.org.uk) for the location map and directions.

The **food is delicious!** There is no obligation to stay at the Abbey.

**Full Board: £65.00 per night (bed and all food)**

**Payment due on final day of stay.**

**For those with financial concerns, you can negotiate a lower rate.**

**Book your accommodation directly with Father Finbar using the supplied booking form.  
Fr Finbar is quicker to respond to email, than telephone.**

**If you have special dietary requirements, please let Fr Finbar know at the time of your booking.**

**Father Finbar - The Guestmaster**  
[\*\*guestmaster@douaiabbey.org.uk\*\*](mailto:guestmaster@douaiabbey.org.uk)  
**+44 (0) 118 971 5399**