



Emmett Technique Practitioner Training

Swansea, South Wales

More info: Tel: +44 (0) 7932 347 983 judith@everybodysbetter.co.uk

www.emmett-uk.com www.rossemmett.com.au

Venue: *The Village Hotel, Swansea, SA1 8QY*

See details at their web page:

<https://www.village-hotels.co.uk/hotels/swansea/>

Public Transport:

More information Log onto the Swansea Tourist website which will give you Public transport & timetables

Driving & Parking:

The SA1 area is easy to get to from the M4 Motorway.
Parking is free at the hotel

Accommodation:

Swansea has many hotels and B&Bs

- You may want to investigate Airbnb www.airbnb.com
- Also Tripadvisor and other hotel websites
- The Village Hotel also has lots of rooms

Provided:

Morning and afternoon tea and coffee. Training guide.

Wear:

Comfortable loose clothing. Please come prepared to shed outer layers. It is easier to see body landmarks on skin than through clothing. We will drape and make people comfortable. If this is not possible for you, then let me know and we can, of course, plan ways around this for you.

Many female students feel comfortable in vest type tops - the ones with narrow straps and so you may be happy to organise this for yourself if you prefer.

Finger nails must be short.

Please Bring:

2 Towels for draping and a bolster (if you have one). Massage table if you have indicated you can bring one.

Lunch: You are free to bring your own lunch with you and eat it on site. The Village Hotel has a Starbucks coffee shop that serves sandwiches & drinks of all kinds.

Access to the Health Club:

The Village Hotel has a Health Club and a Gym which students will have access to during the course weekends. So bring a swimsuit and enjoy!

I very much look forward to seeing you there. Judith Johnson, 07932 347 983 & judith@everybodysbetter.co.uk