



# Tom Bowens Therapy 101 Part 1

With Alice O'Brien

24<sup>th</sup> & 25<sup>th</sup> February 2018

9.00am – 5.00pm

**Kilbarron House, Ballyshannon, Co Donegal**

More info: Alice O'Brien 00353872020407 E-mail: [therapiesbyalice@gmail.com](mailto:therapiesbyalice@gmail.com)  
[www.emmett-uk.com](http://www.emmett-uk.com) or [www.rossemmett.com.au](http://www.rossemmett.com.au) for more information

Receive the basics principles and understanding of

Ross Emmett's interpretation of

(Tom) Bowen Therapy.

**PLACES ARE LIMITED**

## 4 (2x2) Days Basic Relaxation Assessment Course

This therapy is named after Tom Bowen, a self-taught therapist in Geelong, Victoria, Australia. He was said to treat as many as 13,000 people per year with great results.

This course will teach his basic technique and show how it can be used either on its own or with existing skills to change people's lives for the better. The course is suitable for those with no existing therapy qualifications, as well as therapists who would like a new, deeper understanding of Bowen Therapy. In developing this course, Ross Emmett has the approval of both the late Tom Bowen's daughter and the recommendation of Romney Smeeton, Mr Bowen's student for five years and his long-time friend. Ross wants to take the therapy back to its simple beginnings, as therein lies its power.

The complete course is taught over four days, where the first part is given to learning the basic techniques and body relaxation skills and the second part will show more specific corrections for a range of issues. Part 2 is scheduled for 10<sup>th</sup> & 11<sup>th</sup> March 2018.

## TBT 101 Part 1 Investment: €290

Full Payment by 31<sup>st</sup> January to avail of Early bird €270 price

(Cancellation will be calculated at 50% of workshop fee)

Please make a BACS transfer to Sort Code 93 71 85 16182024 using your name and TBT as a reference and cut and paste the form below and send it to me by email to [therapiesbyalice@gmail.com](mailto:therapiesbyalice@gmail.com) Or to pay by cheque, please send by post to Alice O'Brien Cloghore, Ballyshannon, Co. Donegal. For sterling payments contact Alice for further banking details.

Upon receiving your payment, an email/letter of confirmation will be sent to you with all relevant details.

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- Please register me for the TBT 101 Part 1 on 24<sup>th</sup> & 25<sup>th</sup> February 2018
- I enclose a cheque for € \_\_\_\_\_ (50% discount if repeating)
- I have made a BACS transfer of € \_\_\_\_\_ on \_\_\_\_\_ (date)
- I can bring a massage table

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

Email: \_\_\_\_\_